



Requirements for Carlsbad High School Track and Field Participation:

- Attendance Policy: 4 unexcused absences and/or 6 unexcused tardies the athlete will be suspended from the team. Register excused absences at least one hour prior with your event coach through the team remind app.
- Discipline: Track and Field is a no-cut sport. Everyone is welcome as long as they participate with intent to compete and respect their fellow athletes and coaches. Ditching mid practice and NOT turning up for meets and invitationals is not acceptable behavior, and will be reviewed for removal from the team.
- Grievances: There will be a 48 hour cooling off period regarding issues. 1st Athlete speaks directly to their personal coach. 2nd parent and/or athlete speaks to Head Coach Kelly Large, 3rd grievance is brought to AD Amanda Water. Please address your concerns after practices and meets so that the coaches can continue to focus on the needs and safety of the team first.
- Track Meet Rules: No cell phones are allowed on the field; Parents/coaches may take video of athletes during the competition, but **may not show the athlete the film during the competition**. Athletes **may not run alongside** as they cheer on the teams competing in a race. These are all considered violations of League and CIF rules and will lead to disqualification of the competing athlete.
- Spectators - all spectators to remain in the stands or behind the jumps fence. If you would like to be in the action - please sign up to volunteer - we have over 50 spots and 4 home meets that need to be filled. Volunteers check-in at the volunteer table and will be recognizable on the field by the orange vest they will be wearing.
- Transportation to meets is via buses. Students must travel to and from meets on the bus, unless a "Release to Parent from Athletic Event" form (and only extenuating circumstances will be approved) is logged with A.D. Waters **48 hours prior to the event**. All athletes must fill out the "Field Trip by Private Vehicle" form obtained from the head coach and returned to the athletic director. No school provided transportation will be available to Invitationals, or CIF prelims/finals.

Athlete Name _____

Primary Event Group (circle one)

Sprints Distance Throws Hurdles Vertical Jumps Horizontal Jumps

Athlete Signature

Parent Signature

Date

Date